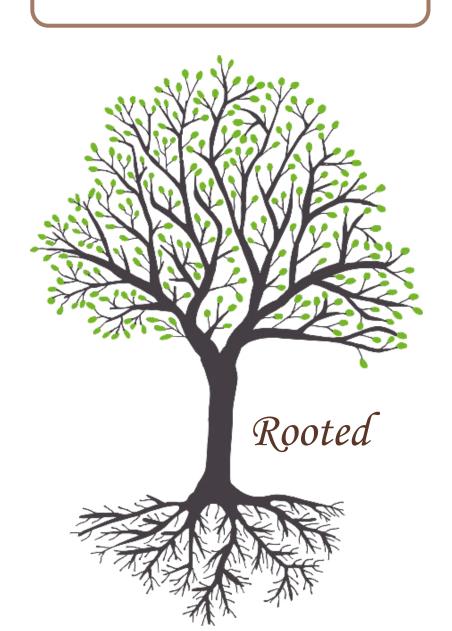


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ANNUAL REPORT 2024





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Our Vision:

A community without judgement with spaces and places for people to belong.

Our Mission:

To provide a place to stay and services to promote stability for marginalized individuals.

Our Core Values

Safety and dignity. Cultivate safe, inclusive spaces for both our guests and employees.

People first. Invest in our employees and support the Shelter Nova Scotia community.

Integrity. Do it the right way, at the right time, for the right reasons, even when it's hard and when no one is looking.

Community. Build mutually respectful partnerships with our community, clients, staff, and board.



SHELTER SERVICES

Metro Turning Point - 2170 Barrington Street Barry House - 2706 Gottingen Street

HOUSING

The Rebuilding - 5506 Cunard Street Herring Cove Apartments - 191 Herring Cove Road

CORRECTIONS

Nehiley House - 3170 Romans Avenue Sir Sandford Fleming House - 2549 Brunswick Street

COMMUNITY

The Hub - 101- 5506 Cunard Street Community Trustee Program - 2170 Barrington Street Outreach Program - 99 Wyse Road

CENTRAL OFFICE

205 - 3770 Kempt Road











Message from Our Board Chair



Lynn Hartwell

Dear Shelter Nova Scotia Community,

As the Chair of the Board, I am honoured to present our annual report for the 2023/24 year. This past year has brought new challenges as Halifax, like communities across the country, sees unprecedented levels of homelessness and precarious housing. Shelter Nova Scotia is steadfast in our commitment to support individuals in times of crisis and transition, to be a place of belonging and safety and to work tirelessly for better solutions.

The Shelter Nova Scotia Board's role is to provide guidance, oversight and support for the incredible work done by Shelter Nova Scotia's management and staff. We have focused this year on enhancing our governance role, and to ensuring that the Shelter Nova Scotia vision and mission both respond to current needs and anticipated future needs and opportunity. The volunteers who make up our Board bring a wealth of experience and skill, and we've paid attention to how we can be the Board that Shelter Nova Scotia, its employees and ultimately its guests and users need. We have instituted new Board practices, committees and even a web portal for timely dissemination of information. These small but important pieces of work have positioned the Board to work along side our amazing Executive Director, Linda Wilson, to secure continued stability for Shelter Nova Scotia and to plan for enhanced services.

We are looking forward to moving The Hub to a new, bigger space at 5531 Nora Bernard Street. We will be able to provide a 7 day a week, 12 hour a day service for people experiencing homelessness, precariously housed or marginalized. This service will include laundry, shower, meals, advocacy, trustee services and referral, Mobile Outreach Street Health (MOSH) hours, haircuts, veterinary services, Outreach and Diversion. We will also have approximately 20 beds for extreme weather events.

We are so grateful to a philanthropic donor who financed this purchase. We are also grateful to the combined support of Halifax Regional Municipality and Department of Community Services for operating funds and to the Department of Municipal Affairs and Housing for support with renovations.

The Hub's current location will become five bachelor apartments, which will become part of The Rebuilding supported housing program.

Thank you for your continued support. Together, we will create a community where everyone has a safe place to call home.

Sincerely, Lynn Hartwell



Shelter Nova Scotia Board of Directors

EXECUTIVE:

Lynn Hartwell, Chair V.P. Campuses & Communities, Nova Scotia Community College

Kathy Gillis, Secretary, Vice Chair CEO, Property Valuation Services Corporation

Jamie O'Neill, Past Chair Partner, Uprise Consulting

Nola Lamoureux Spierenburg, MBA, CPA, CGA, Treasurer Partner at HBA Chartered Professional Accountants

Deborah Page Director of Strategic Communications, United Way

MEMBERS AT LARGE:

David Boon - Inspector, Halifax Regional Police Margot Cameron CPA, CA - Parallel Consulting Inc.

Megan Campbell - Student, Mount Allison University

Martin Herschorn, KC, retired - former Director of **Public Prosecutions**

Jeremy Jackson - Vice President, Marketing, Killam Properties Ltd.

Rose Landry - Owner/Principal Consultant, Landry Management Consulting

Dennis Young - Managing Director, Barrington Edge



Lynn Hartwell



Kathy Gillis



Jamie O'Neill



Nola Lamoureux Spierenburg



Deborah Page



David Boon



Margot Cameron



Megan Campbell



Martin Herschorn



Jeremy Jackson



Rose Landry



Dennis Young





Nola Lamoureux Spierenburg

I am reporting on the financial statements for Shelter Nova Scotia for the year ending March 31, 2024. The financial statements were approved by the Board of Directors on June 6, 2024.

Statement of Financial Position:

Shelter Nova Scotia ended with a cash balance of nearly \$1.9 million this year, which is over \$674k higher than at the end of the last fiscal year. Cash increases primarily through funding, donations and capital contributions received during the year. Cash decreases through normal operating expenditures. Main expenditures include salaries and wages, program costs, and operating costs, purchases of capital assets and the repayment of long-term debt. The increase this year was mainly related to an increase in deferred revenue related to Outreach funding received before the end of the period related to 2025 expenditures, and an increase in accounts payable.

Accounts receivable, which includes trade and other receivables, increased by approximately \$798k. This increase is mainly because of the Retro Wage Base funding that will be received from the Department of Community Services.

There were \$375k of capital assets additions during the year, which included the Metro Turning Point Generator (\$140k), Nehiley House Washroom Renovations (\$48k), Herring Cove Apartments Accessibility Renovations (\$96k) along with other smaller additions. This was partly offset by amortization of \$172k, for a net increase in capital assets of approximately \$203k.

Accounts payable increased by \$118k over the prior year. Accounts payable at year-end include accruals for payroll and related liabilities, as well as trade payables. This change is consistent with normal operations and reflects the timing of payments.

Shelter Nova Scotia received approximately \$586k in 2024 from the Halifax Regional Municipality for Outreach for the 2025 fiscal year. This was a major factor in the increase in deferred revenue of \$626k.

Regular repayments of long-term debt were made during the year.

Deferred capital contributions increased by \$206k, related mainly to the capital projects noted above.

There were no changes to the internally restricted funds. These funds were restricted to be used to pay for the new office space if alternative funding was not available. As alternative funding was received for 2024, the funds remain restricted.

At the end of 2024, there are net assets of approximately \$2.6 million, \$354k of which are internally restricted and the remainder is unrestricted.



Statement of Revenues & Expenditures

Revenues exceeded the prior year by over \$960k. There were many factors contributing to this increase, primarily funding increases:

- Department of Community Services Annual Funding is \$401k higher than the prior year, related to expected increases, and the additional \$283k of retroactive wage increase for the 2024 fiscal year
- Income from Correctional Services Canada was approximately \$182k higher due to rate increases, and a change in the number of beds eligible for higher rates
- Affordable Housing Association of Nova Scotia funding is higher by \$182k because of a funding increase
- There was new Outreach funding from Halifax Regional Municipality of nearly \$64k
- In addition to the funding increases, we had new income from the Rafflebox Lottery, which was partly offset by related expenses.

Expenses exceeded the prior year by \$660k.

- Salaries and wages increased by \$299k, which is a smaller increase than anticipated in the budget, because of vacancies early in the year
- Program costs continued to increase, and was \$193k
 higher than last year mainly related to The Hub
- Food costs increased by \$35k due to increases in food prices

And was offset slightly by decreases in these areas:

- Subcontracts down \$48k, as the previously subcontracted positions were filled
- Training down \$30k as there was more training held in the prior year

Other income increased this year because of retroactive funding for base wages of \$514k related to the 2020-2023 fiscal years. This was recognized this year when it became known that Shelter Nova Scotia would receive it, even though it was related to expenses incurred in prior periods. Overall, for 2024, there was a excess of revenues over expenditures of \$757k. The total retro wage base increased revenues by \$797k, without it, there would have been a deficiency in 2024.

Statement of Cash Flows

The cashflow statement is divided into three areas, Operating Activities, Investing Activities and Financing Activities.

Operating activities contributed \$735k to cash. Items that added to cash were excess of revenue over expenditures of \$757k, increase in deferred revenue of \$626k, and increase of accounts payable of \$118k. This was offset by the increase in accounts receivable of \$798k.

Investing activities consisted of purchases of capital assets and decreased cash by \$375k. Financing activities included the capital contributions received of \$349k and the repayment of long-term debt of \$34k, giving a total cash used of \$315k for financing.

The cash balance at the end of 2023 was nearly \$1.9 million.

Respectfully, Nola Lamoureux Spierenburg, CPA, MBA, CGA



Although it has been over four years since Covid 19 stopped us in our tracks, Shelter Nova Scotia has continued to focus on internal re-stabilization, and re-rooting ourselves in new ground, while growing to meet new and increased service needs.

It is no secret the homelessness and housing crisis reached an all-time high last year. With years of underfunded operations coupled with the work required to re-establish normal, we were not in a position to bounce back quickly. So we did what we do best - persevere, work hard, and take one step at a time until we arrived at a place of steadiness.



Linda Wilson

With organizational strength a priority, we engaged in the following activities:

- Reopening the volunteer program (Metro Turning Point and The Hub initially)
- A consultation resulting in a three-year fundraising plan (Bloom for Non-Profits)
- An operational review of financial practices (Strong and Associates)
- Search for a Chief Operating Officer (KBRS)
- Restructuring of the management decision making model
- Federally-funded renovations creating increased accessibility at Herring Cove Apartments and one fully accessible apartment
- Renovation plans were developed to create accessible rooms and washrooms at both Nehiley House and Fleming House

With recognition of our principled frameworks and approaches:

- Our first outreach team for unsheltered individuals was established with the support of the Provincial Government
- Our small housing support and walk-in service known as The Hub received funding for significant expansion thanks to philanthropic, municipal and provincial backing
- We made plans to turn the original Hub into five bachelor apartments which will become part of The Rebuilding supported housing program
- The Flemming Charitable Foundation continued their support of our regular grief interventions and support circles for both clients and employees



Remaining committed to our vision for the future, we learned more from others:

- Still considering what Metro Turning Point 2.0 might be, the stake holder consultation with Narrative Research continued while we also learned from
 - o Home Space Society
 - o Kindred Works
 - o Kindle Management
- To strengthen our practice of being a men's expert, we partnered with a Nova Scotia Community College research team around a "Men's Social Spaces" research project

In addition to all of this, meals were prepared, floors and washrooms cleaned, suicide interventions took place, employees saved lives with Narcan, and tents and supplies were distributed to help people survive outside because there aren't enough places to live. A monthly 50/50 raffle was implemented, donors and volunteers contributed, and holidays gifts were purchased. Case management, diversion, trustee, advocacy and support interventions happened every day across our facilities. Buildings were repaired and maintained, board meetings were held, and new employees hired while other employees moved on.

I am proud of the work we do, sometimes in chaos and sadness. How we measure success or happiness is different all the time. But what is certain is that Shelter Nova Scotia rises to meet the needs of those we serve, is respectful of all people and continues to evolve on every level of its being. And as we move into our next phase, I know only better things are ahead for those who choose to stand with us and the work we do.

"With years of underfunded operations coupled with the work required to re-establish normal, we were not in a position to bounce back quickly. So we did what we do best - persevere, work hard, and take one step at a time until we arrived at a place of steadiness."

- Linda Wilson



At Shelter Nova Scotia, our employees are the taproot of our organization, anchoring us firmly and nourishing every aspect of our mission. Their dedication, compassion, and hard work provide the essential support that allows us to grow and thrive in our efforts to combat homelessness and housing instability.

To celebrate and acknowledge the incredible contributions of our employees and colleagues, our management team took the time to put their appreciation into words. Each quote is a testament to the exceptional work our employees do every hour of every day, embodying the spirit and values of Shelter Nova Scotia and strengthening our community. Thank you for being the driving force behind our success and for your relentless commitment to making a positive impact on the lives you touch.

"I never need to wonder if something comes up unexpectedly if our team can handle it; every team member gives it their all each day and shines bright, regardless if it is a hard day or a typical day. They are the glue that holds our operations together."

- Darlene Lunn, Director of Community Corrections





- "I am grateful for the dedication that our employees put into working with our tenants. They go above and beyond to forge good relationships and create great experiences for folks. My words cannot describe how proud I am to work with such a positive and impactful team."
 - Mary Shaffer, The Rebuilding House Manager
- "I am incredibly grateful for the team at HCA. Each one of them brings a unique strength to contribute to the team that makes us the well-oiled machine that we are. They make going to work more enjoyable and on the harder days, you always know someone is there beside you to lean on and navigate through the situation together."
- Brittney Sinclair, Herring Cove Apartments House Manager





"I appreciate our employees ability to be honest, kind and empathetic to both coworkers and guests. Your coworkers truly make or break the place of employment and our team makes the difficult parts of the job easier. I also appreciate the diversity of the team's experiences and points of view so we can discuss any decisions being made and think about a situation from all angles before coming to a conclusion, and the teams ability to respect all points of view, even when it is different from their own. Our employees are always willing to learn a new way of doing things to better support the different needs of the guests unique and individual circumstances."

- Amanda Nelson, Former Acting House Manager

"I appreciate how compassionate and dedicated our team is to the work, that provides better guest service, on a daily basis."

- Michelle Wheeler, Metro Turning Point House Manager



"I am grateful for our employees' dedication to their work. They are all so passionate about what they do and no matter the challenges they encounter they find ways to pull together and get the job done. The employees are the heart of this organization and are such amazing supports to the clients we serve. The work that happens here inspires me every day."

- Samantha Rudolph, Director of Finance

"I am truly grateful for our employees here at Shelter Nova Scotia. Even when faced with very difficult situations, they are always there ready to help. I know that I can completely depend on them day in and day out. I am extremely proud of the work they do, as well as the strong bond they have built with each other. The positive impacts that they make on other peoples lives on a daily basis, no matter how big or how small, makes the world of difference."

- Jeremy Pongoski, Sir Sandford Fleming House Manager





"I appreciate being part of a team of people who treat others with unconditional positive regard, especially on those hard days. People do not always receive the dignity we all deserve. I am grateful to Shelter Nova Scotia employees who show up with compassion towards ourselves and each other."

Melissa Puddicombe MSW, RSW, Director of Practice and Development



"What stands out about those who work here is, their grounded commitments to the use of respectful language, client focused problem solving and interest in reflection for new learning and professional growth.

For someone in my position those characteristics make me proud, make falling asleep at night easier and give me an overwhelming feeling of confidence. I know people experiencing our services will receive respect and fairness, individualization and empathy.

I feel fortunate to work at Shelter Nova Scotia."

- Linda Wilson, MSW, RSW, Executive Director









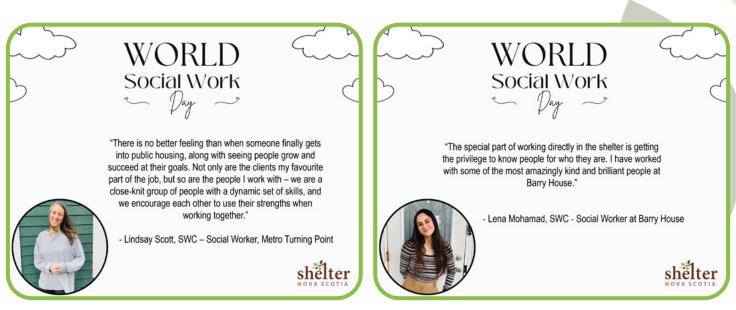
World Social Work Day

At Shelter Nova Scotia, social workers are an important part of our organization.

For #WorldSocialWorkDay we chatted with some of our social workers at our emergency shelters

Metro Turning Point and Barry House to better understand, and celebrate, the important work they do.

Our social workers featured include Lindsay Scott, Lena Mohamad and Emily Rossong.







Celebrating Donna Poirier and her 40 years of impact

This past year marks 40 years with Shelter Nova Scotia for our invaluable Senior Community Trustee, Donna Poirier. Her hard work, genuine personality, and extraordinary contributions to our community are truly inspiring. In 1983, Donna started working at Metro Turning Point, and has been an important part of the team ever since. On a daily basis, Donna advocates on behalf of individuals for safe affordable housing – getting to know people individually and offering support, understanding and sincerity.



We can't thank Donna enough for everything she does for us, our clients and the thousands of people whose lives she's impacted over the years.

She is truly one of a kind, and we are grateful to have her on our team.









Meet Our Volunteer Coordinator

We are thrilled to introduce Shannon Johnston, as the new Volunteer Coordinator at Shelter Nova Scotia. Shannon brings a wealth of experience and dedication to this role, with a background in social work and seven years of service as one of our Community Trustees. As we re-establish our on-site volunteer program, relaunched in 2024, Shannon has been instrumental in its revival.



Shannon Johnston MSW, RSW

Initially providing volunteer opportunities at Metro Turning Point and The Hub, our program will soon expand to all our facilities. Shannon has diligently updated and modernized our volunteer application and onboarding processes, ensuring a seamless experience for everyone involved. Collaborating closely with the House Manager and the team at Metro Turning Point, Shannon has prepared the site to welcome volunteers, aiming to enhance the experiences of clients, staff, and volunteers alike. We are eager to see the positive impact this revitalized program will have under Shannon's enthusiastic leadership.

A Message from Shannon:

Hi! My name is Shannon Johnston and I am the Volunteer Coordinator with Shelter Nova Scotia. I am excited to have the volunteer program up and running again.

I have enjoyed some one-off events where volunteers have had the opportunity to help our organization such as the magnolia tree replanting. Getting volunteers into our facilities is an excellent opportunity for them to learn more about the work we do as well as help with vital tasks to keep our operations running smoothly.

I am amazed at the generosity in the community and the number of people who want to help. I love being with groups when they prepare a meal onsite and am also amazed at the groups who regularly commit to prepare meals, some on a weekly basis! We had a variety of donors who prepared and delivered meals over the holidays - it is so heartwarming.

With the expansion of services at The Hub, there will be a lot more opportunities for volunteers in the coming months.

If you are interested in becoming a volunteer, please reach out to Shannon at <u>volunteer@shelternovascotia.com</u>



Board of Directors

Our 12 Board Members volunteer their time to guide and give perspective on the work we do. Their hard work, leadership and diverse backgrounds play a key role when it comes to strategic planning, community engagement and fundraising for our organization.



"Walking down Spring Garden Road, or any major street in Halifax, on any day you see the impacts of homelessness. Getting involved with Shelter Nova Scotia was my way of contributing in a small way. With a few twists of fate this could be any of us or our brother, a friend or a neighbour experiencing homelessness."

- Margot Cameron, Board Member

Narrative Research

Narrative has been working with Shelter Nova Scotia for several years now – the relationship started when they began collecting donations for our holiday wish list as part of a corporate donation. After learning more about our organization they were introduced to our Adopt-a-Meal program, where individuals or groups can sign up to make a meal for one or more of our facilities.

"I believe our first Adopt-a-Meal was in 2019. We had a great time as a group, but more importantly really enjoyed being able to tangibly make a small contribution to the great work that Shelter Nova Scotia does. Both the Adopt-a-Meal and wish list campaigns have been great ways for us as an organization to go a little beyond financial donations alone to show our support,"

Margaret Chapman, COO & Partner of Narrative Research





Meghan Laing

Meghan Laing has been volunteering with Shelter Nova Scotia since 2010 in a variety of capacities - previously as our Board Chair, and now as a Special Advisor on the Metro Turning Point 2.0 Commission.

"My passion project is MTP 2.0, where I am honoured to sit on the commission. This new development would build upon the services provided at The Hub and the existing emergency shelter, Metro Turning Point, to offer integrative support services for individuals experiencing homelessness- a crucial step towards addressing the root causes of homelessness and creating lasting change."



- Meghan Laing

Professor Lisa Berglund and Dalhousie Urban Planning students

This winter, Lisa and her students worked on a project around the housing crisis in Nova Scotia including working closely with non-profit organizations like Shelter Nova Scotia. Many of Dr. Berglund's students volunteered their time at Metro Turning Point, our emergency shelter for people who identify as male, to get a better understanding of what we do, the people we serve, and the different situations that people are facing with the housing crisis.









Joan's Table

Joan's Table is a Halifax-based volunteer initiative that provides regular, healthy meals to individuals who have formerly experienced long-term homelessness. Their volunteers have delivered a total of 1,275 meals over the years (with each meal serving 12 – 19 individuals).





A comprehensive look at the services, successes, and challenges across our four sectors over the past year.

Shelter Nova Scotia operates through four key sectors: corrections, shelter, housing, and community. Each sector focuses on addressing different aspects of homelessness and housing instability.

Housing

Providing stable, supportive housing solutions for individuals who have experienced chronic homelessness.

Corrections

Supporting individuals transitioning from the criminal justice system to the community, reducing recidivism and promoting successful reintegration.

Housing Corrections Shelter Services Community

Shelter

Providing immediate, safe shelter and essential services to individuals experiencing homelessness.

Community

Engaging with and supporting the broader community, addressing homelessness and housing instability through outreach, advocacy, and partnerships.

Our organization's integrated approach across these four sectors aims to not only provide immediate relief for individuals experiencing homelessness but also to address the root causes and support long-term stability and reintegration into the community. Through a combination of emergency services, supportive housing, social inclusion and community engagement, we are constantly working towards reducing homelessness and improving the quality of life for vulnerable populations.



Community Corrections Sector

In partnership with Correctional Services Canada, we own and operate two community residential facilities, Sir Sandford Fleming House and Nehiley House, that provide residence for up to 28 individuals each day. We utilize a structured supportive approach to assist individuals with their transition from prison to community living. Through a strong working relationship with parole officers, residents are supported in their individual correctional plans as they re-engage with the community.

The lack of available and affordable housing remains a real concern within our corrections sector, disproportionately affecting those who rely on our service.

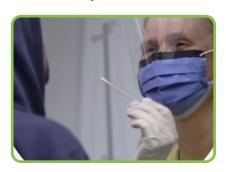
Sector Highlights

Implementation of Food Program Pilot Project

This year, we successfully launched a Food Program Pilot Project at Nehiley House. The program has provided residents with valuable insights into the current cost of food, how to budget for meals, and an opportunity to develop their culinary skills by cooking for everyone in the facility. Additionally, the first 20 residents who leave Nehiley House and Sir Sanford Fleming House during this program will receive a \$150 grocery store gift card to help with their initial grocery expenses in their new homes.



Partnership with Mobile Outreach Street Health Justice



We have partnered with Mobile Outreach Street Health Justice, a program of the North End Community Health Centre, to provide essential healthcare services to residents staying at our Community Residential Facilities (CRFs). This collaboration ensures that our residents receive the comprehensive healthcare support they need.



Sir Sandford Fleming House

Sir Sandford Fleming House (established in 1984) is a community residential facility for residents who identify as male or are gender diverse. We provide day parole residence for up to 20 people at any time.

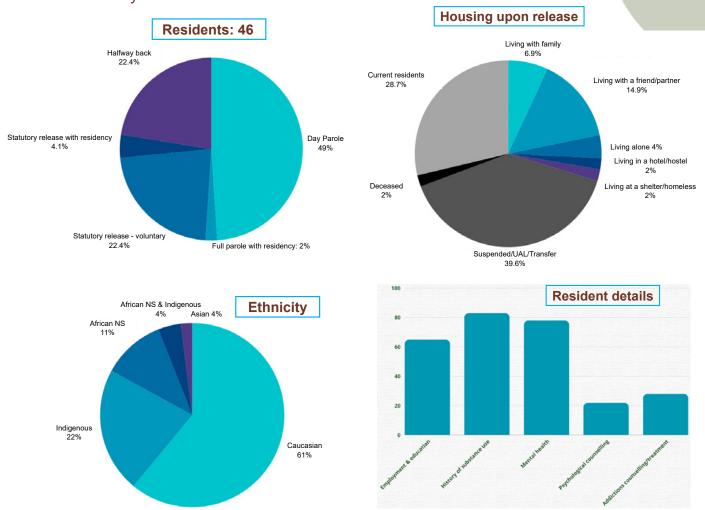


Infrastructure Improvements

A significant infrastructure improvement this year was the installation of a new roof, ensuring the safety and comfort of our residents and employees.

Enhanced In-Reach Support

We have increased our in-reach efforts at both Springhill Institution and Dorchester Medium/Minimum Institutions, with a special focus on supporting Indigenous offenders and other individuals. Previously, in-reach was conducted 3-4 times a year; we now visit every six weeks. This increased frequency allows us to maintain more consistent contact and provide better support for transition back into the community.





Nehiley House

Nehiley House (established in 2005) is a community residential facility for residents who identify as female or are gender diverse. We provide day parole residence for up to 8 people at any time. We offer a unique



"Mother and Child" program and can accommodate women and their children through this program.

Staffing Exploration

To better meet the needs of our diverse resident population, we explored the hiring of male-identified employees. This initiative aims to create a more inclusive and supportive environment for all residents.

Basement Renovation

Thanks to a generous donation from Margot Spafford, the entire basement of Nehiley House has been renovated - significantly improving the living conditions and providing additional communal spaces for our residents.

Increased Food Allowance

In recognition of the need for better nutritional support, we have increased the weekly food allowance for our residents from \$36.00 to \$45.00. This increase ensures that residents have access to healthier and more varied food options.



Margot Spafford

Therapy Dogs Program

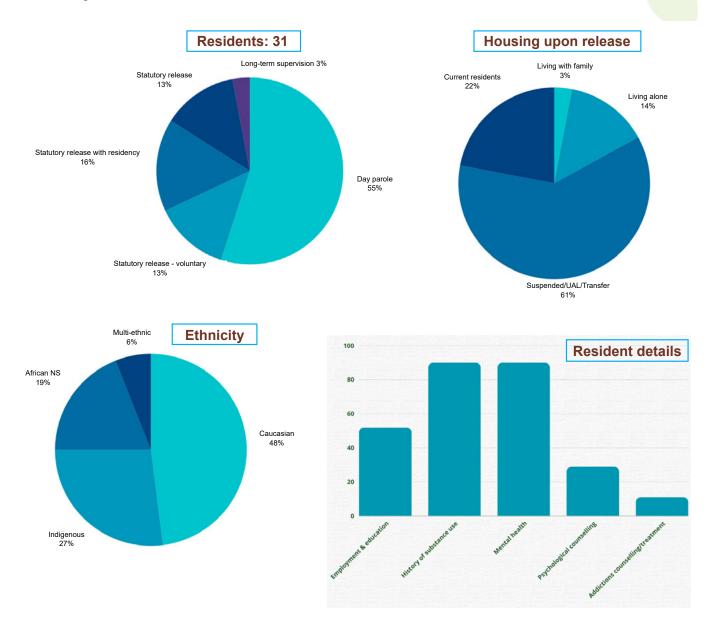
Our Therapy Dogs program continues to be a great success. Hunter, the therapy dog, and his handler Michelle, visit every second Thursday, providing emotional support and companionship to our residents.







Nehiley House



These developments across our Community Corrections Sector reflect our ongoing commitment to improving the lives of our residents and providing them with the tools and support they need to achieve stability and independence.



Shelter Sector

We believe that everyone deserves a safe and secure place to call home. Our shelters at Barry House and Metro Turning Point are not just temporary refuges; they are vital lifelines providing immediate support and a pathway to stability for those experiencing homelessness. Through the dedication of our staff, and the generosity of our supporters and volunteers, we have continued to deliver essential services to individuals and families in need.

Barry House Stats

Provided a night's rest for: 85 people

Average length of stay: 78 days

Youth 16-24: 7 (8%)

25-54: 64 (75%)

Seniors 55+: 14 (16%)

Past children in care: 11 (13%)

Average occupancy rate: 98.7%



Metro Turning Point Stats

Provided a night's rest for: 134 people

Average length of stay: 112 days

Youth 16-24: 3 (2%)

Seniors 55+: 18 (13%)

Past children in care: 28 (21%)

Average occupancy rate: 100%



The average stay at Metro Turning Point has DOUBLED in the last year.

Average Stay: 2022-23

57 Days

Average Stay: 2023-24 112 Days



Barry House

Barry House (established in 2001) is a 17-bed emergency shelter serving individuals who identify as female or are gender diverse, aged 16 years of age and older. We offer a safe and supportive environment and work with guests to help them transition out of homelessness and achieve stability.

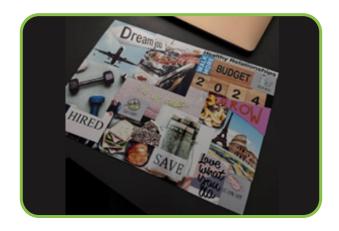


Barry House has been working with Saint John Ambulance to participate in their therapy dog program. Since October, Barry House has had a visit from a therapy dog once every two weeks. This offers our employees and guests a therapeutic opportunity to experience companionship, comfort, and joy. As an employee shared, "Guests and employees are excited to see the therapy dog when she comes because she brings paw-sitive vibes to the shelter."





During the last year, Barry House employees have been offering programming for the guests. They have covered topics to help guests navigate things such as how to post ads looking for roommates, how to respond to apartment listings, and creating vision boards. Check out the picture of a vision board that was created by a guest to help them visualize their goals for the future.





Metro Turning Point

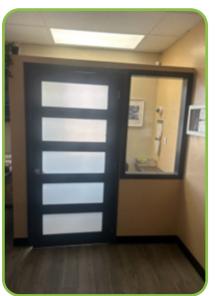
Metro Turning Point is a harm reduction, 30-bed emergency shelter for individuals who identify as male or are gender diverse. In addition to providing emergency shelter, Metro Turning Point offers various support services. These include case management, assistance with finding permanent housing, and referrals to other community resources and services.



This past year, Metro Turning Point was fortunate to install several upgrades that benefit our guests and the employees. A generator was installed that allows operations to continue as normal, without disruption during power outages. This was made possible through the Community Generator Program through the Department of Community Services and the Department of Community, Culture, Tourism, and Heritage. A grant from the Halifax Foundation enabled the shelter to install a phone room and a computer room, meaning guests have a private space to make important calls and have access to the internet to search for apartments and stay in contact with loved ones.



Computer room



Phone room



Generator



Housing Sector

Supported housing is at the heart of Shelter Nova Scotia's commitment to providing sustainable solutions for homelessness. The Rebuilding and Herring Cove Apartments are programs designed to go beyond merely offering a place to stay, focusing instead on creating stable, long-term housing solutions that come with a range of supportive services tailored to meet the unique needs of each tenant. Ours is an approach that recognizes that stable housing is a foundation from which individuals can address other issues such as health, employment, and addiction.

Herring Cove Apartments

Herring Cove Apartments (established in 2015) is a 24/7 supported living environment for 12 individuals who identify as male and are experiencing long-term Alcohol Use Disorder with a history of homelessness. In partnership with The North End Community Health Clinic/Mobile Outreach Street Health team, all tenants participate in a Managed Alcohol Program. This very successful harm reduction program allows our tenants to stabilize in their housing by eliminating the harms related to alcohol use disorder such as withdrawal, criminalization, non-beverage consumption and continuous interactions with emergency services.



Since opening, Herring Cove Apartments has housed 65 individuals. Currently the youngest tenant is 45 and the oldest is 65.

Tenants pay \$535/month for rent and thanks to donors and volunteer-led groups like Joan's Table all of our tenants are offered a daily supper and a hot breakfast at least twice a week.

The reality of the difficult work we do means we support a lot of individuals that pass away while living at our facility. The impact of these losses can take a toll on both employees and tenants. We have been fortunate to collaborate with a grief and loss expert, Roy Ellis, to help us find a sense of peace and comfort when these difficult times arise. The success of this collaboration led us to start providing our tenants the opportunity to attend bi-weekly "growth groups" right in their own home. These groups allow tenants to be vulnerable and break down walls and barriers they never thought possible. This is powerful. They choose topics they want to discuss including life obstacles, challenges and trauma they have experienced.

Donor funding has allowed us to offer four sessions and due to the overwhelming interest and engagement from the tenants we are now adding an additional six sessions. We are hopeful to find a consistent funding source in order to continue to offer this important group support.





The Rebuilding

The Rebuilding (established in 2012) is a 24/7 supported apartment complex for 19 individuals who identify as male. Tenants who live in the building are referred from the community By Name List (BNL) and have barriers to maintaining stable housing and require support services.

Since opening, The Rebuilding has housed 70 individuals. Currently the youngest tenant is 41 and the oldest is 71.

The affordable rent includes a fully furnished apartment, basic cable and a landline in every unit, access to internet, and some meals, courtesy of donors and additional funds received from community grants.

"Receiving a laptop really is life-changing for me, I have never had a computer of my own before."

- The Rebuilding Tenant

This past year, The Rebuilding has partnered with GEO Nova Scotia in an effort to connect our tenants with their own modems (WiFi) and their very own Chromebooks. GEO Nova Scotia is a non-profit organization dedicated to digital inclusion. They work closely with organizations like ours to provide low-income individuals and families with internet access, devices, and essential digital skills.

Over the past several years we've been trying to find ways to provide each tenant, in each unit, their own internet - however, due to complicated processes in our building and high costs, we haven't been able to. Thanks to GEO we've been able to make this happen.

All tenants, with the exception of one, graciously accepted the opportunity to have their own internet and Chromebook. Our tenants now have better access to health information, lower levels of isolation and loneliness, opportunities to upgrade their education and learning, and can more easily communicate with friends and family.

In the upcoming weeks GEO Nova Scotia will be on site offering a digital skills class that will allow learning and skill building to the tenants on the use of their Chromebooks. We look forward to continuing our partnership with GEO.

"GEO Nova Scotia has allowed me to be able to access courses online to continue my education and resume building."

- The Rebuilding Tenant



Life Skill and Recreational Programming at The Rebuilding

The team at The Rebuilding have been offering the tenants life skills and recreational programming on a monthly basis that has been having a positive impact.

During COVID, The Rebuilding had to put their life skills/recreational programming on hold, but over the past year employees have been able to reintroduce these great opportunities. This has allowed for tenants and employees to come together to learn, create positive relationships, develop a sense of community and reduce self isolation.

Some of the life skills/recreational programming that The Rebuilding has done includes:

- · Planting and growing vegetables
- Cooking classes
- · Picnics at the Commons
- Stress management
- Creating vision boards

"Overall, with the current housing crisis, we believe we need many more 'Rebuildings' in order for folks with multiple barriers to succeed in our community."

- Gina Wilson, Director of Housing



Photos of residents plants'







Community Sector

Shelter Nova Scotia's Community sector is dedicated to providing holistic support through our Diversion, Outreach, and Housing teams, our Trustee program, and The Hub drop-in centre's services. These initiatives work synergistically to prevent homelessness, support those currently experiencing it, and facilitate pathways to stability. Our Diversion program focuses on preventing homelessness before it starts by helping individuals find immediate alternatives to shelter. The Outreach program extends our reach into the community, providing essential services and connecting with those in need in encampments, living rough or wherever they are. Our Housing team helps individuals stabilize and maintain their current housing options while also assisting them in finding new, suitable housing opportunities if necessary. The Trustee program offers financial management assistance to help clients maintain their housing and achieve financial stability. The Hub drop-in centre serves as a welcoming space where individuals can access vital resources, support services, and community connections. Together, these programs embody our commitment to building a more inclusive, supportive community for all.

Homelessness in Halifax: A brief snapshot

While vacancy rates remain at a critical low of one percent, the number of individuals experiencing homelessness in Halifax Regional Municipality (HRM) has steadily climbed over the past several years. The rise in homelessness is due to several factors, including a lack of affordable and supported housing, low vacancy rates and a rising cost of living.

According to the By Name List (BNL) released by the Affordable Housing Association of Nova Scotia, as of March 19, 2024, 1,180 individuals are recorded as actively homeless. Of these, 852 are recorded as chronically homeless. People recorded as homeless may be staying in shelters, temporary accommodations, in vehicles, outdoor encampments or other settings not designed for human inhabitation. While it is impossible to fully enumerate the number of people sleeping outside, it is currently estimated to be over 200. At least 108 people were believed to be sleeping outside according to the "Semi-Annual Count of People Sleeping Outside in the HRM" November 2022 report released by the Downtown Halifax Navigator Outreach Program.



Our Practice

Harm reduction, trauma aware and Housing First practices are utilized by our team.

All interactions are strengths-based and anti-oppressive in nature, rooted in unconditional positive regard and an awareness of systemic barriers which contribute to homelessness, rather than deficit-based views of people. With housing as a human right, we adopt person-centred, collaborative approaches which interact with people as decision makers in their lives.

With fifty years of experience operating Metro Turning Point shelter (established in 1973), Shelter Nova Scotia has learned that social exclusion is a contributing factor and predictor of housing insecurity and homelessness. Watching countless people exit shelter for housing and bearing witness to these situations breaking down due to the impacts of isolation and stigma has taught us that people need a space to connect to their community and experience belonging in order to be successful in their housing. Moreover, when people leave shelter - and the supports they access while staying in shelter- many individuals are cut off from essential resources. This reinforces the need for spaces and places for people to belong, regardless of whether they are housed, staying in shelter, or living outside.



Maslow's Hierarchy of Needs



Community Trustee Program

The Community Trustee Program is an eviction prevention program. We served 157 vulnerable members of society who needed help stabilizing their housing and budgeting their funds. Clients are referred to the program for a variety of reasons by government agencies, at the request of landlords, or by self-referral, and we tailor our





Michelle Brunet

services on an individual basis depending on that person's needs.

Since 1981, Shelter Nova Scotia's Community Trustee Program has supported clients in the HRM in managing their funds and making rent and utility payments. Over the last year, we have noticed our clients struggling more and more with food insecurity due to the increased cost of essentials like groceries and supplies. Clients have appreciated donations of grocery gift cards - otherwise they would have to depend more on community food banks, which have also seen an increase in numbers.

Our clients have been struggling with rental increases - we currently have 25 clients with rental subsidies that come to us, and 15 others that go directly to their landlord. However, with higher demands for the subsidy program, our client applications have taken much longer to get approved which can cause complications and additional stress to the people we serve.

We have had a few clients successfully better their living arrangements by moving into Seniors Housing offered by the Nova Scotia Provincial Housing Agency - this means their rent is more affordable, and they have more funds to spend on food and other essentials. We have also been able to help clients apply for the Canada Pension Plan, Old Age Security, Seniors Pharmacare, subsidies and arranged for a Canada Revenue Agency volunteer to be onsite and help individuals file their income tax.

We strive to be a source of comfort to the clients we see, providing them with resources and a listening ear.

Client Numbers

Men: 103 Women: 53

Gender Diverse: 1

Children: 18 Couples: 5



<u>Diversion Program - Interrupting the Cycle of Homelessness</u>

The Diversion Program at Shelter Nova Scotia has helped at least 368 people obtain or retain housing through financial support. This number does not include dependants, which makes the reach of the program exceed 368. Efforts include connecting individuals and families to shelter, hotel, and/or providing financial assistance to prevent or divert people from homelessness.

This program has made a significant impact in the lives of people in Nova Scotia who require short-term assistance to maintain housing and avoid homelessness. Most of the funds dispersed were used to assist people to avoid eviction in the private housing market. The Diversion Program has also created positive community impact by encouraging private landlords and non-profit programs to work together to help keep people housed.

"I am crying right now, flooded with relief. Thank you, thank you, thank you. I really appreciate you helping me. Once I am doing better, I will reach out to see how I can volunteer to help out as a means of saying thank you. You have made my day...week... winter."

- Diversion Client

Requests for financial assistance range from first month's rent payments or a damage deposit when finding a new home, arrears for unpaid rent, help with a power bill, or moving costs. Gaps in support include food, storage costs, emergency shelter stays (i.e. hotel when shelters are full and/or not viable options) car insurance payments and internet/phone bills - these are not eligible expenses under our diversion program. Financial assistance is once per calendar year per recipient. Since its inception, we redefined the eligibility criteria to target applicants with lower incomes and prioritize people with longer experiences of homelessness.

The diversion program at Shelter Nova Scotia is two pronged; a portion of our efforts are directed at people whose circumstances are less complicated and lower intensity supports can change their trajectory away from homelessness. These are typically in the form of one-time financial assistance. The program also targets people who are especially vulnerable; those who benefit from additional layers of support; short or long-term case coordination, housing mediation and help navigating supports and services.

"Thank you SO much for accepting and approving my application for financial aid. I do not believe I can express to you how truly grateful and relieved I am to know, without doubt, that I now have a home of my own. Thank you and your organization. MUCH gratitude to you all for the work that you do. You are all truly amazing and ever appreciated."

- Diversion Client



Diversion at Work

Shelter Nova Scotia's Diversion Program received an application from a single mother with multiple children. The family had been living in public housing for a number of years but when a financial assessment was completed, it was determined she had not been charged a monthly rental amount that was geared to her income. Through no fault of her own, she was faced with \$3,000 in back rental arrears. Her housing provider advised the arrears must be paid in full or she faced eviction.

Without sufficient savings to pay this amount, the mom reached out to Shelter Nova Scotia and another community agency for support with her arrears to ensure the family would not lose their housing.

Shelter Nova Scotia's Diversion program and the other agency were able to split the costs down the middle and paid for the arrears so this family didn't lose the affordable housing option.

Outcomes for Diversion Funding April 1, 2023-March 31, 2024			
Shelter Nova Scotia			
"served" means an interaction by a staff member that results in an activity/service being offered.			
"unique" means counting a person only once regardless of the number of interactions			
Year End 2023-2024			
Total # of unique individuals provided funding to divert from using	368		
an emergency shelter bed			
Total amount of \$ spent to divert individuals from using an	\$ 313,470.75		
emergency shelter bed			
Total # of unique individuals provided funding to assist in remaining	184		
housed (eviction prevention)			
Total amount of \$ spent to assist individuals to remain housed	\$ 126,713.75		
(eviction prevention)			
Total # of unique individuals provided funding to secure/obtain	109		
housing (not including rent supplement)			
Total amount of funding provided to secure/obtain housing (not	\$ 108,154.00		
including rent supplement)			
Total # of unique individuals provided funding due to a delay in the	75		
processing of rent supplement (in order not to lose potential			
housing)			
Total amount of \$ spent because of the delays in processing rent	\$ 78,603		
supplements (in order not to lose potential housing)			

"Thank you for the work you are all doing. As I'm sure you know, you folks are the only emergency funding out there right now, and you are keeping folks housed in Dartmouth North."

- Diversion Client



Outreach Program

According to the most recent sleeping rough survey completed in July 2023, there were 178 individuals living outside in HRM, compared to 85 individuals surveyed sleeping rough in November 2022. Given this increase in documented people living outside, Shelter Nova Scotia expanded our outreach program to increase our service delivery in HRM. Beginning with one outreach worker in January 2023, by March 2024 Shelter Nova Scotia increased the team to five full time employees.

We offer housing-focused outreach to a smaller number of high-priority individuals actively sleeping outside. Over the past year, we worked within Halifax, Spryfield, Clayton Park, Dartmouth, Cole Harbour, Sackville and Bedford.

Once connected, our model of housing-focused outreach is to collaboratively identify specific barriers faced by individuals to develop a "best plan forward" to secure long-term housing or temporary shelter options. Often this means first supporting people to shelter in place and help them meet their primary needs for survival when no other immediate shelter option is viable. We support individuals through experiences of being newly or chronically unhoused, and will continue to provide support until people transition to a form of sustainable housing.

Referrals to our outreach workers are received from multiple sources, including street navigators and support and outreach workers, Hub drop-in participants, and provincial partners (such as Department of Community Services and Natural Resources and Renewals). Visiting encampment sites allows our outreach workers to establish new relationships directly with people sleeping outside who may not be connected to resources or support in any other way.

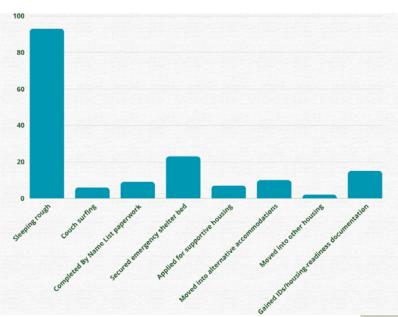
Outreach Program Goals

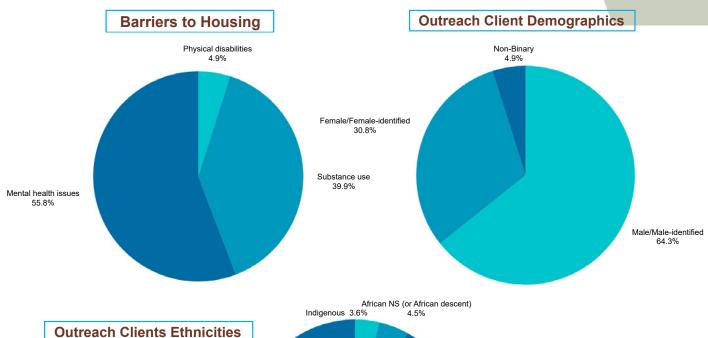
- 1. To provide "positive exits" from homelessness through solution/housing-focused outreach.
- 2. To identify people sleeping outside, by name
- 3. To offer expanded service hours, outside of normal business hours; evenings and weekends, to address current unmet need (including impending weather events where possible)
- 4. To promote survival efforts among those living outside
- 5. To integrate outreach efforts with other programs (diversion, housing support, trusteeship) to implement ongoing supports once housed to promote housing retention
- 6. To develop a multi-party protocol between non-profits, community members, and government for encampments

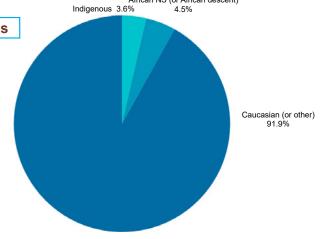
Rooted in our Sectors

Outreach Program

Total number of individuals served by Outreach in 12 months: 231









The Hub - Shelter Nova Scotia's Current Drop-In Service

In November 2021 Shelter Nova Scotia opened a drop-in service called The Hub. The Hub was designed to serve unhoused people and those who are housing insecure. The drop-in provides free shower, laundry, phone, and computer access, prioritizing those who sleep outside. It



also offers space to gain respite from the weather, and access to meals and take away food. Emergency clothing and personal care donations are provided to those in deep need where available. Access to Diversion worker Wednesdays and Thursdays to complete paper work (By Name List referrals, Housing forms).

The drop-in is open to people of all genders, aged 19 years and older. By opening The Hub, Shelter Nova Scotia aimed to offer a safer space for individuals to access basic needs, create crucial opportunities for social inclusion, and provide support with diversion and eviction prevention efforts.

2022/23		2023/24
4,401 Interactions	↑ 71%	7,533 Interactions
771 Showers	↑ 71%	1,316 Showers
368 Laundry	1 18%	436 Laundry
6,962 Meals	1 62%	11,301 Meals



Services at The Hub

Showers

The Hub continues to receive positive feedback regarding our shower services. We provide all toiletry items and clean/disinfect the shower after every use. We often have to turn away or make alternate appointments to meet the demand as we only have one shower. We have noticed more housed people wanting to access our shower, as the showers in rooming house situations are not ideal.

Laundry

The Hub has a high demand for laundry services. We only have one washer and one dryer, and we are flexible to make sure everyone has access to laundry. We have had to prioritize folks sleeping rough/outside, as the laundry gets booked up quickly. We would benefit from multiple machines to better serve the community.

Clothing

At The Hub, we provide numerous clothing items including socks, underwear, winter coats, pants/shorts, t-shirts/sweaters. Many folks accessing our shower/laundry services only have one set of clothes, so we provide extra clothes so they can change into a clean pair after they have showered and/or done laundry.



Food at Drop-In

Many individuals accessing The Hub come for a hot meal that is unique in comparison to other food resources in the community. We have received consistent feedback that The Hub's meals are delicious and nutritious and served with compassion and respect. The Hub has partnered with a local business in the community, Tusket Falls Project, whose chef prepares the meals for our drop-in.

Social Inclusion

Board game group has been a favourite of people accessing The Hub, as it is a unique social setting that promotes social inclusion among multiple groups. Attendees identified that they would like more variety, other than just board games, so we incorporated other hobbies based on client feedback. Many people accessing our services share that they feel safe and validated in our space, and can actually let go and laugh. We have a variety of activities to engage in including Nintendo Switch, board games, cooking groups, knitting/crocheting, and art groups.

Mobile Outreach Street Health (MOSH)

MOSH started using The Hub as an access point in August 2022. MOSH provides accessible primary health care for people who are homeless, insecurely housed, street involved or underserved in our community. Accessing the health care system can be difficult, or even impossible, for the many people who are living on the margins of our communities. The Hub has continued to partner with MOSH and have had great success.





Haircuts

Alnabelsi mobile Barbershop started offering free hair cuts for male identified people at The Hub, and will continue to do so on a bi-weekly basis. This is an amazing partnership and has been so well received by the people we serve. Our other volunteer will continue to offer free haircuts once per month, and we are prioritizing female identified people for those appointments.

Support for Pet Owners

The Hub also partnered with Community Veterinary Outreach to provide drop-in sessions for low-income and unhoused people. Through these drop-in sessions at The Hub, Community Veterinary Outreach were able to provide 41 individuals and their pets:



- Pet care team on hand to answer any questions
- A safe space for people to bring their pets and ask questions in a judgement free space.



Many Individuals who have pets are unable to access shelter, affordable housing, meal/food programs and other services due to animal restrictions. We have had great feedback from people in regards to the Veterinary Outreach and how they feel welcome with their pets, when that is not typically their experience.



A look ahead

Following more than two years of operation, we are pleased to announce our plan to expand our newest program, The Hub. This plan responds to the recommendation made by Halifax Regional Municipality (HRM) to fund a full-time day support centre for people who are unhoused or at risk of homelessness.

With over 50 years of experience working with unhoused people, we are well-positioned to expand our current programming to meet this identified need.

HRM Recommendation for a Day Support Centre:

"A Framework to Address Homelessness in the Halifax Regional Municipality" report released February 2023 suggests the need for a full-time day support centre. It describes the function of this centre as follows:

Such a centre would provide a place for persons experiencing homelessness to go during the day, to escape cold, hot or inclement weather, to remain dry, have timely access to showers, use washers and dryers, access and meet with service providers, access other supports including phone and internet, and have daily meals.

Shelter Nova Scotia's Expansion Plans:

In response to the recommendation from Halifax Regional Municipality (HRM) to create a full-time day support program, and the province of Nova Scotia's existing support of our program, Shelter Nova Scotia is prepared to expand our current drop-in operations at The Hub.

Our drop-in currently operates twice weekly; Tuesdays and Fridays from 10-1pm. With expansion funding, we will operate up to 12 hours per day, 7 days per week. Based on the volume of people currently using our services, we are confident the community would benefit from increased access to drop-in hours and respite during extreme weather events.

Shelter Nova Scotia has received funding from both the Halifax Regional Municipality and the Department of Community Services to fulfill this need.

One of the individuals who uses The Hub's services wrote this beautiful poem that describes their experience:

"We come from many places, we are local and distant stars. We are here to help you, that's who we are. So, feel free to come and chat. Cause taking your time to feel love, that's where we're at."

- Participant of The Hub



Magnolias on the Move

We had three beautiful magnolia trees that were planted outside of The Rebuilding.
Unfortunately, they were planted in a small garden bed that would not allow them to thrive. We put a call out to the community for volunteers to help us replant them at two of our facilities that have nice big yards for them to grow and flourish.

A group of volunteers led by Justin and Callum stepped up to the plate - thanks to their hard work digging, lifting and replanting, we were able to move all three of the magnolia trees successfully. Two of them are now at Nehiley House and one is at our Herring Cove Apartment location.

Just under a year later, they are doing great. We can't wait to see them grow to their full potential.







Photos outside The Rebuilding of the Magnolia trees being dug up and transported







Photos outside Nehiley House and Herring Cove Apartments of the Magnolia trees being replanted



Our Cornerstone Partners

- Reaching Home: Infrastructure Canada
- Corrections Service Canada
- Province of Nova Scotia
- Halifax Regional Municipality

The Believers

- Flemming Charitable Foundation
- J&W Murphy Foundation
- Margot Spafford
- · Cathedral Church of All Saints
- Our 65 Monthly Donors

Key Supporters and Donors

Admiral Insurance Congregation of Notre Dame White Point Beach Resort
Atlantic Elver Fishery Inc. Transcontinental Inc. Stingray Radio Inc.
Chorus Aviation Sisters of Charity - Halifax United Way

Home Trust Company The Barrington Consulting Group Feed Nova Scotia
Scotia Fuels Sisters of Saint Martha 119 Merrimac Drive Ltd

Steele Auto Group Aqueduct Foundation Dalhousie Medical School - Dept. of Surgery,

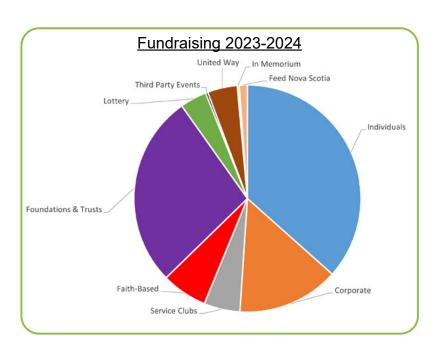
NSP Maritime Link Emera Grant Thornton Foundation Research & Development

The Black Family Foundation 100 Bedford Men Who Care UNIFOR Social Justice Fund

RCR Hospitality Group Ltd ADACOM Ltd/ Dalhousie Dept. East Coast Realty

of Medicine Atlantic Cup Cricket Tournament

Donation Source	Amount
Individuals	\$282,995.98
Corporate	\$111,990.95
Service Clubs	\$39,743.68
Faith-Based	\$50,422.50
Foundations & Trusts	\$212,485.20
'Homes for All' Raffle	\$29,422.50
Third Party Events	\$2,513.29
United Way	\$32,846.90
In Memory	\$125.00
Feed Nova Scotia	\$9,000.00
TOTAL	\$771,566.00





Cathedral Church of All Saints

We want to highlight one of our most frequent and major donors, the Cathedral Church of All Saints. They have been a long-time supporter of Shelter Nova Scotia especially over the past eight years.

"About eight years ago the Outreach Committee of the Anglican Cathedral Church of All Saints decided to streamline the many organizations we contributed to, hoping that choosing a few and concentrating on them would make a real difference. We asked various representatives to speak to the committee members and we chose Shelter Nova Scotia because of their frontline work with people in our local community by providing shelter and the fact that they were helping a wide range of people, from women seeking shelter from abusive relationships to people experiencing addiction."

- Heather MacEachern, Retired Deacon

Over the years, the Cathedral Church has donated significantly towards important resources for our facilities including much needed ovens for Metro Turning Point, our emergency shelter on Barrington Street. Not only have they supported us financially, but they continue to volunteer their time every six weeks with our Adopt-a-Meal program, where together they cook a meal for the individuals staying at our facilities. The Cathedral Church has also provided monthly pizzas to Herring Cove Apartments since it opened, and have also supplied move-in packages to help our clients settle into their new accommodations.

"As a church community we know that we are helping to make a difference in a small way. While many have great needs, we are grateful that Shelter Nova Scotia can help us meet the immediate needs of many and we can support Shelter Nova Scotia as they advocate for stable housing and support for all."

- Heather MacEachern, Retired Deacon

As a community we need to work together to support one another – the time and dedication we receive from the Cathedral Church is extremely meaningful to our organization and to the people who use our services. They are helping to meet a real need in our community, and we are so grateful for them.



'Homes for All' 50/50 Raffle Fundraiser

We launched our 'Homes for All' 50/50 Raffle Fundraiser in November of 2023. With homelessness on the rise in Halifax and across the province, our 50/50 is a great way for our community to show their support while getting the chance to win big. The winner takes home half the jackpot with the other half going towards our programs, services and resources for those in need.

Check out our winners below:

November 2023



Deborah Shupe \$6,380

February 2024



Nicolle Chiasson \$3,530

December 2023



Jacob Bennett \$8617

March 2024



Diane Bailey \$3707

January 2024



Wendy Smith \$7,207

April 2024
Colleen Taylor
\$4,217.50

May 2024
Darlene Belland
\$3,935



Nan's Gift

There is nothing more meaningful than when someone reaches out and asks what we need before they donate. We recently got a call from a lady named Nan who enjoys sewing and wanted to know if there was anything in particular that we needed - and what we needed was laundry bags. Nan was happy to take on the project and spent over 100 hours making them. Not only did she make 126 laundry bags for the people staying at our facilities, but she made each one with a unique pattern so that individuals could easily tell them apart. This was such a simple yet special gift because it is something that our facilities could really use. Thinking of people with pets, Nan also donated several dozen dog-neckerchiefs.

Taking the time to call and ask what we need first - like Nan did - means ensuring your donation makes the most impact possible for the people we serve on a daily basis.















Grief Supports

With an aging population and often complex health histories, client death is experienced more often now at Shelter Nova Scotia. Recognizing the strain and impact experienced by both employees and the people we serve when a member of the Shelter Nova Scotia community passes, it became clear professional grief support was required. The Flemming Charitable Foundation, supports our practices of grief circles and debriefing, honoring each death we experience. Regular grief reflection groups also take place to consider other types of change and discomfort employees encounter in the day to day. This transforming work is lead by Roy Ellis, counselling therapist and human services consultant, whose area of practice includes grief, trauma, and mental health. All members of the Shelter Nova Scotia community, employees, and service users alike have access to this support. Currently a group of employees are being trained by Roy to be trauma response interveners, when a death is discovered. The Flemming Foundation established by Jack and Marion Flemming in 1999, has supported this organization for decades, we are forever grateful for their support and understanding of our evolving needs.



FLEMMING CHARITABLE FOUNDATION

Marion and Jack Flemming



Grief box



www.shelternovascotia.com









